



ELITE SUMMER EXPERIENCE GIRLS PROGRAM

ELITE SUMMER EXPERIENCE



The Elite Summer Experience girls' program is an exclusive and invite-only program designed for talented young female players selected by our coaches. Selected players have the opportunity to experience professional Italian soccer by training in our professional academy, club and competing against Italian clubs.

This experience provides a rare chance to learn from Italian pro coaches and compete against some of the best Italian youth clubs.

It's a once-in-a-lifetime opportunity to test your skills and grow both on and off the field.

WHY SUMMER EXPERIENCE ELITE ?

Experience
our soccer
methodology

Train with
UEFA Pro
coaches

Individual
player
evaluation

Exposure to
Rome City
Club &
Italian Clubs

WHEN

18 - 25
JULY 2027

AGE

+14

WHERE

ROME, ITALY



Roster deadline:
April 1st, 2027

WHAT IS ROME CITY INSTITUTE?

Rome City Institute is a prestigious academic institution located in Rome, Italy, offering a unique blend of high-level education and professional sports training. Established with the mission to develop the next generation of leaders in sports and business, the institute allows student-athletes to pursue their passion for sports while earning degrees in various fields.

Rome City offers a multicultural environment, welcoming students from over 50 countries, creating a vibrant and diverse learning atmosphere. With partnerships across international sports federations, including **Serie A** and various academic institutions, students have the opportunity to build a professional network and gain hands-on experience in their chosen fields.



ROME CITY
INSTITUTE

A UNIVERSITY CAMPUS LOCATED IN CENTRAL ROME



Located 10min walk from from the iconic Piazza del Popolo. Rome City Institute provides an inspiring and dynamic environment for student-athletes.

Surrounded by historical monuments, timeless art, and global institutions, our campus ideally situated in the Eternal City, a significant center for political, cultural, and social affairs in Europe. With our campus offering modern event spaces amidst this rich cultural backdrop, it's the perfect location for companies looking to host impactful corporate events.

The Rome City Institute campus offers:

- Large Conference Rooms
- Auditoriums & Lecture Halls
- Classrooms
- Event Halls



Airport
25 minutes drive



Hospital
10 minutes drive



Rome
Heart of the City

ROME CITY PREP ACADEMY

Our Prep Academy, set in a peaceful, green oasis just outside Rome, is where our high school student-athletes are staying throughout the academic year.

With comfortable dormitories, an auditorium, a gym, a cafeteria, a safe gated campus, on-site laundry facilities, a small turf field, and recreational spaces, the campus offers a welcoming environment for rest, learning, and personal growth. It's a home away from home where you can relax, connect with friends, and be part of a supportive community.

Players of the Summer Experience Elite will be staying in these facilities for the week.

Our campus provides a safe and secure environment, with staff available 24/7 to assist players with anything they need.



ROME CITY
PREP ACADEMY



PREP ACADEMY



- Small Turf Field
- Gym
- TVs
- Table Tennis, Fossball
- Cafeteria
- Safe Gated Campus
- Laundry Room
- Cleaning Service

TRAINING CENTER



- 11v11 Soccer Pitch (Uni & HS)
- 8v8 Soccer Pitch
- 5v5 Soccer Pitch
- Paddle Courts
- Gym
- Physio Room
- Rome City Lab

GYM FACILITIES

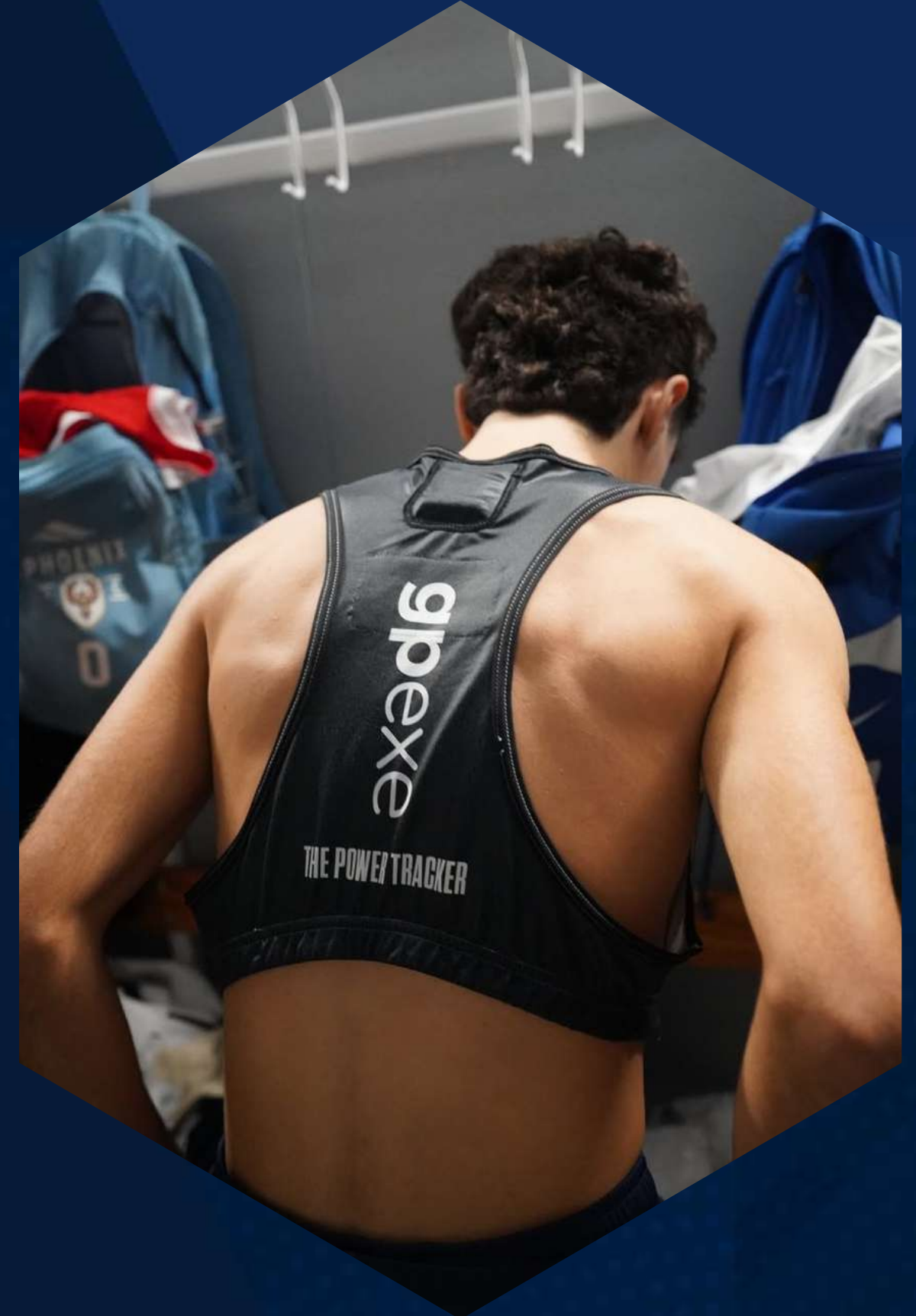
- Free weights
- Weight machines
- Stationary bikes
- Resistance bands
- Rack room

And many more



DATA ANALYTICS AND PERFORMANCE

- 
- Game Recordings
 - Video Analysis
 - GPS Data
 - Training Room



OUR COACHES

Mauro Girini

Athletic Director and
current Coach of the
Italian Youth Women's
national team

Carmen Acedo

Women Soccer
Head Coach, former
D1 player

Marco Montini

Head of Performance and
Strength & Conditioning
Coach for the Italian
Men's National Team

Cristian Viotti

Head of Goalkeeping
and current Goalkeeper
Coach for SS Lazio's
First Team



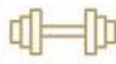
PROFESSIONAL TRAINING



Daily on-field training



Strenght & Conditioning



Gym Access



Injury Prevention



Performance Tracking



Rehab and Recovery Center



COMPETE AGAINST ITALIAN CLUBS



Challenge yourself by competing against top Italian teams, gaining invaluable exposure to diverse playing styles and tactics that will elevate your game to the next level



SUCCESSFUL STORIES



**Annabella
DE GREGORIO**

From playing ECNL
in Houston to Serie
A professional club
AS Roma



**Sophia
RUBANO**

D1 transfer from
Grand Canyon University
to Serie B professional
club Trastevere Calcio



My experience at Rome City has truly been once in a lifetime. I have built meaningful friendships and strong relationships with both students and staff. My coach has also had a major impact on my development and completely changed my perspective on soccer. With the support and guidance of Coach Camren, I've grown a great deal. She is the most attentive coach I have ever had, consistently putting in the same level of effort she expects from her players. With her experience playing NCAA soccer and as a former RCI student, she is someone I deeply look up to and trust for both athletic and personal advice.

Playing for a club in Italy has significantly improved my game through technical development, learning a new language, and adapting to a different coaching style. Another highlight of RCI has been the opportunity to travel. Living in Europe has allowed me to visit many countries, meet people from around the world, and experience a wide range of cultures.

I would not change my decision to come to Rome City for anything. I have grown greatly as both a player and a person, and I am deeply grateful for this experience.



Kylea BECKER

DII transfer from Cal Poly Humboldt

ACCOMMODATION



Rome City Prep academy

Our Prep Academy, set in a peaceful, green oasis just outside Rome, is where players will stay throughout the program.

With comfortable dormitories, an auditorium, and recreational areas, the campus offers a welcoming environment for rest, learning, and personal growth. It's a home away from home where you can relax, connect with friends, and be part of a supportive community.

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CHAPERONE

Rome City chaperones will accompany the team throughout the entire trip, ensuring that players are safe, well-supported, and fully enjoying their experience.

Our chaperones are there to check in on players regularly, provide local expertise, and handle all logistics, so players can focus on the experience without any worries.

They assist with language barriers, manage transportation, and are prepared to respond to any emergencies, making sure every detail of the stay is smooth, safe, and enjoyable.



DISCOVER ROME

- Colosseum
- Vatican City
- Roman Forum & Palatine Hill
- Trevi Fountain
- Pantheon
- Piazza Navona
- Castel Sant'Angelo

And many more

Depend on the week's program**



WHAT IS INCLUDED?



Professional training and games



VEO recordings for games



Transportation from and to the airport and throughout the week



Accommodation and meals for the entire stay



Official training gear sponsored by Puma



COST

The total cost for the Serie A Elite Experience program is €2490/player everything included except airfare.

TENTATIVE ITINERARY

2027	Sunday 18th	Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd
Morning	Arrivals Rooms Check- in	Training Session <u>9am</u>	Training Session <u>9am</u>	Training Session <u>9am</u>	Recovery Session <u>9am</u>
Afternoon Evening	Presentation <u>3pm</u> Welcome Aperitivo <u>6pm</u>	Italian Activity <u>2pm</u> Training Session <u>5pm</u>	Rome Tour <u>1.30pm</u> Training Session <u>5pm</u>	Game vs Italian Club 6pm	Presentation <u>2pm</u> Training Session <u>5pm</u>

*This might not reflect the final schedule / activities

ITINERARY

2027	Friday 23rd	Saturday 24th	Sunday 25th
Morning	Training Session <u>9am</u>	Game vs Italian Club <u>10am</u>	Departure
Afternoon Evening	Cooking Class 2pm Training Session <u>5pm</u>	Colosseum Tour @RCC <u>3pm</u>	

*This might not reflect the final schedule / activities



SERIE A ELITE

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WEBSITE



serieaelite.com

EMAIL US



cdiverres@romecityinstitute.com